

Are you in your 20's or 30's and looking for your path?
Is your life in college or graduate school going the way you would like it to?
Are you near or post-graduation and don't know what you would like your next steps to be?

Join

CREATING YOUR PASSIONATE PATH!

An ongoing group for people in their 20's and 30's

This therapy group will support you to:

- find out what is truly you and what you truly want
- create relationships that nurture you
- discover your purpose and how to manifest it
- learn communication skills and how to set boundaries
- nurture your inner life and create joy
- develop a relationship with your parents and family that works for you
- deal with money issues and career choices
- overcome procrastination and anxiety
- develop life after graduation that fulfills you

This group uses the creative arts – drawing, music, writing, collage, movement, psychodrama, and dreamwork – to help you create the life you *really* want. No art experience required.

Wednesdays

7 - 9 pm



Berkeley

\$40 per session

Sliding-Scale

Fees Available

Counseling With Heart – Producing Results That Work

FACILITATOR: Keely Burke, MA, Registered Marriage and Family Therapist Intern (#62047), is an Associate at the *Center for Creative Growth*, supervised by Jason Saffer, MFT (#8807). Passionate about the power of incorporating the arts into therapy, Keely is an Expressive Arts therapist who uses her skill, intuition, and playfulness to help each person find clarity, connection, and fulfillment.

Call (510) 527-2100 for a **FREE FIRST SESSION**

www.creativegrowth.com

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