

Are You the One for Me?

Want help in deciding if you're truly compatible?
Want to build a solid foundation for your future together?

Join Our 10 Week Pre-Marital and Relationship Class For dating, engaged, living together, and recently married couples

Saturdays, 10:30am-noon
or
Wednesdays, 7:30-9:00pm



North Berkeley
\$520.00 per couple
(credit cards accepted)
Free Parking

FIND OUT WHAT IT TAKES TO MAKE YOUR RELATIONSHIP WORK!

10 Key Factors and 10 Essential Tools

Each week the class focuses on an essential aspect of being a couple and provides specific exercises, powerful tools, and cutting-edge information.

You will learn:

- what it takes to blend your lives together into an intimate, nurturing, and harmonious experience of living love
- how to identify difficulties that can be transformed into growth
- what kinds of obstacles are truly barriers

This course includes all the important factors needed to create a loving relationship that will stand the test of time.

10 Key Factors We Address:

1. Criteria for Compatibility: Is Love Enough?
2. Communication, Boundaries, Feelings
3. Sex, Intimacy, and Affection
4. Anger: The Most Difficult Emotion
5. Money and Careers
6. Our Social Life: Alone/Together
7. Children or not? Yours, mine, ours, none?
8. Impact of Our Families: Yours, mine
9. Spiritual Beliefs and Differences
10. Creating A Shared Vision for Our Future

Call Now for Next Start Date! (510) 527-2100 or info@creativegrowth.com

INSTRUCTOR: Jason Saffer, MA, Licensed Marriage and Family Therapist, is Co-Director of the *Center for Creative Growth*. Recognized relationship expert, author, TV host, and Authorized Presenter of *Mastering the Magic of Love* program, Jason has been helping people for over 30 years to create loving relationships. Married for 26 years, he has personally walked the path of creating an ever-deepening, nurturing, and intimate partnership.

www.creativegrowth.com