

Traineeships and Internships

Nonprofit

Founded in 1982



North Berkeley

**Summer and Fall
Start Dates**

Counseling With Heart - Producing Results That Work

Our Training Program is designed to lay the foundation for becoming a master therapist. We focus on the development of the therapist's intuitive and creative Self and the skillful use of powerful, experiential techniques. Our orientation is wholistic, effective, and empowering to the client and therapist. We seek interns and trainees who are committed to their own personal, professional, and spiritual growth, to interpersonal clarity, and to service to clients. As a staff, we place a high value on communication that is open, honest, non-toxic, and congruent. We offer excellent individual and group supervision and group training each week.

Our work has evolved from six primary influences:

- the humanistic/transpersonal vision of each individual's inherent ability to recover wholeness and tap into the Divine, using the therapy relationship as a vehicle for healing
- the family systems perspective which recognizes both the lifelong impact of the family of origin and also the influence of current relationship systems on individuals
- the 12-step recovery model which recognizes the spiritual component of emotional well-being and provides a pattern for recovery from dysfunctional families, codependency, and addictions
- the work of John Bradshaw and other leaders in the recovery field who focus on the need to heal one's inner child in order to regain wholeness, freedom, and creativity
- the focus on helping each client – and each therapist – access their own body's inner truth and inner clarity through somatic work
- the incorporation of expressive arts modalities - sandtray, drawing, movement, music - that gently work to create profound change

For more detailed information about our Training Program, application process and start dates, please visit www.creativegrowth.com/train.htm

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